



Wedgewood Cove

Blue Zone Light Choices

Gluten Free Pasta Entree



Warm gluten free pasta with grilled mixed vegetables, fresh basil, cherry tomatoes, goat cheese, and fresh parsley with a dash of olive oil.

8

Spicy Spring Wrap



Shredded iceberg lettuce, tomatoes, goat cheese tossed with spicy vinaigrette dressing, rolled in a whole wheat tortilla & garnished with guacamole. Served with light side choice. 8.5

Grilled Salmon Wrap

Marinated grilled salmon with mixed greens tossed in greek yogurt sauce wrapped in a whole wheat tortilla. Served with light side choice. 10

Caesar Wrap

Fresh romaine lettuce, shredded parmesan cheese, diced celery and red onion tossed with a fat free caesar dressing rolled in a whole wheat tortilla. Served with light side choice. 8

Light Sides:

**Natural Peanut Butter Celery Sticks
Green Apples
Mandarin Oranges**

“Nice Bite” Desserts

Fresh Fruit 4.5

Sherbet 2.5

To Go Containers Available