

Winter Golf Tips

Much though we hate it, that time of the year has come again when the hours that you can play are reduced and the golf courses play longer as there is no roll on the ball and the heavy cold atmosphere doesn't allow the ball to fly so far.

So here are a couple of little tips to try to stop[your golf game going too much off the boil in the cold.

Wet, Muddy Courses

Although winter rules does allow you to clean and replace your ball on the fairway, the ground under the ball will still be a little soft and a shot that is hit slightly behind the ball in summer and be got away with will certainly be punished by a large green hedgehog flying through the air and you walking past your ball to collect your divot.

So in soft ground it is more important than ever to aim to hit the ball a descending blow so that you make solid contact with the ball before the turf. To aid this I would suggest 2 things. Slightly bring the ball back in your stance, mind you only slightly, and leave a little more weight on your front foot throughout your backswing. Both of those things will allow a ball first contact if done in moderation, in excess, they will exacerbate the problem, so be careful.

Not always the Driver off the tee

In summer the driver with its lower flight will afford you more roll on the ball and if you are likely to slightly miss hit with that club you can get away with it as the distance will be enhanced with the roll. As the fairways are wetter the roll will be less, so I would suggest trying the 3 wood or 5 wood or even hybrid from the tee as these clubs will keep the ball in the air for longer where there will certainly be less resistance on the ball than rolling through wet fairway grass. Actually in winter a 3 wood or 5 wood off the tee will often go further than the driver, and will be less liable to mis hits, certainly worth a try.

Obviously as you cannot get out onto the golf course so easily at this time of year, now is the time to put some serious effort into your golf swing at the Oaks range and get some top tips from the team of PGA golf professionals, so you can reap the rewards of that work come spring.

