

Grand Slam Grill

at Shadow Mountain Golf Club

Lite bites - for the smaller appetite and for those on the run



Power Smoothies:

Vanilla Date Shake - 7

(fresh dates, protein powder and almond milk)

Peach Refresher - 7

(peaches, carrots, celery, fresh ginger and apples)

Vanilla Matcha Energizer - 7

(protein powder, matcha (powdered green tea) and almond milk)

Assorted Homemade Pastries: - 3

pastries are baked daily in house and selection varies

Greek Yogurt Parfait: - 5

(vanilla Greek yogurt, fresh fruit and granola)

Daily Soufflé: - 5

(puff pastry dough baked with a filling of egg white, cheese and Chef's choice of ingredients)

Morning Muffin Sandwich - 5

(toasted English muffin w/egg, veggie sausage and Swiss cheese)

